

# SCFHS Wrestling 09-10

16-Nov.	Practice Begins	
5-Dec.	at Ellsworth	10:00 AM
8-Dec.	at SCC at MS in Hammond	7:00 PM
12-Dec.	at Wisconsin Dells	8:00 AM
17-Dec.	at Clear Lake	7:00 PM
18-Dec.	at Chisago	4:00 PM
29/30-Dec	Northern Badger at River Falls	8:00 AM
7-Jan.	at Unity	7:00 PM
8-Jan.	at Chetek	TBD
14-Jan.	Frederic/Grantsburg/Luck Here	7:00 PM
16-Jan.	SCF Tournament	9:00 AM
19-Jan.	at Osceola	7:00 PM
21-Jan	River Falls Here	7:00 PM
28-Jan.	TL/C Here	7:00 PM
6-Feb.	Conference at Cameron	9:00 AM
13-Feb.	Regionals at Frederic	
16-Feb.	Team Sectionals at Amery	
20-Feb.	Sectionals at Somerset	
24/25/26-Feb.	State at Madison	
5/6-March	Team State	

## Coaches:

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