

SCHOOL DISTRICT OF ST. CROIX FALLS
STUDENT WELLNESS POLICY
458

Positive nutrition habits have a direct impact on a child's development, health, well-being and potential for learning. To afford students the opportunity to fully participate in the educational process, students must attend school with minds and bodies ready to take advantage of their learning environment. This district-wide wellness policy encourages all members of the school community to create an environment that supports physical activity and life-long healthy eating habits. Decisions made in all school programming, need to reflect the district's goal of providing all students with the knowledge and skills necessary to make life-long and enjoyable food and wellness choices.

Implementation and Monitoring:

The District will maintain a wellness committee with the purpose of monitoring the implementation of the District's wellness policy, evaluating the progress of related goals, and recommending policy revisions as necessary. The committee will meet at least twice yearly (October and April) and will include the district administrator, the supervisor of food service, a building principal, the county nutritionist, two high school students and one middle school student, and a parent and a staff member from each school level. Staff member representation should include at least one physical education / health teacher. An administrator will chair the committee.

Legal Ref.: Sections 118.01(d)(2) Wisconsin Statutes
118.12
121.02(1)(j)

PI 8.01(2) (j) , Wisconsin Administrative Code
Child Nutrition and WIC Reauthorization Act of 2004

Cross Ref.: 458-Rule, Nutrition and Physical Activity Guidelines

Approved: June 27, 2006

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